

Bodi-Tek[®]

Look Good | Feel Good

Shiatsu Sole Soothing Foot Massager™

Model: BT-FMAS2

Shiatsu massage is a traditional Japanese form of massage meaning “finger pressure”. It is a deep form of massage. The Bodi-Tek Shiatsu Foot Massager harnesses the power of Shiatsu massage to soothe away tired, aching feet and the stresses of everyday life. It is designed for ease of use, with toe-activated control, breathable fabric and adjustable foot angle for extra comfort. Simply place your feet on the 360° rotating Shiatsu massage heads and relax.

- ✓ Toe-activated control
- ✓ Adjustable foot angle
- ✓ Red LED lights
- ✓ Slimline design for easy storage
- ✓ 360° rotating Shiatsu massage heads
- ✓ 12 rotating heads
- ✓ Adjustable foot angle
- ✓ Invigorating Shiatsu massage action





12 rotating heads for a full foot massage

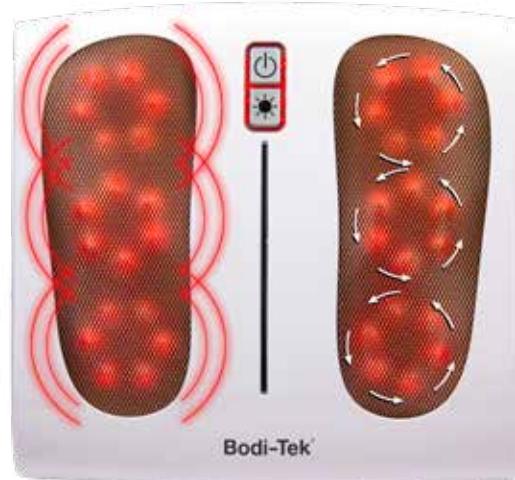
Shiatsu Foot Massager™

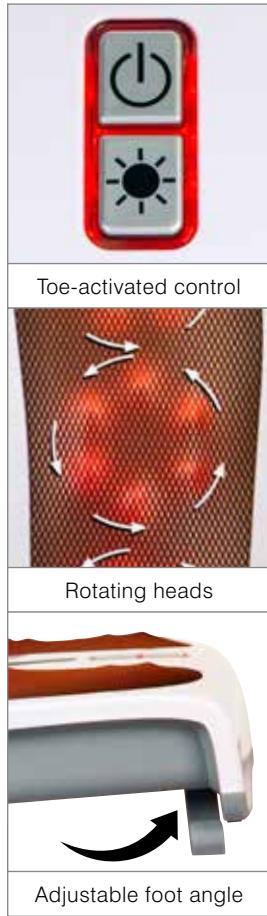
Model: BT-FMAS

Helps invigorate tired, aching feet. The Bodi-Tek Shiatsu Foot Massager harnesses the power of Shiatsu massage to soothe away tired, aching feet and the stresses of everyday life. It is designed for ease of use, with toe-activated control, breathable fabric, convenient cable storage and adjustable foot angle and heat function for extra comfort. Simply place your feet on the 360° rotating Shiatsu massage heads and relax.

- ✓ Invigorating Shiatsu massage action
- ✓ Toe-activated control
- ✓ Adjustable foot angle
- ✓ Heat option
- ✓ Slim line design for easy storage
- ✓ 360° rotating Shiatsu massage heads

360° rotating Shiatsu
massage heads





QI Muscle Toner & MassagerTM

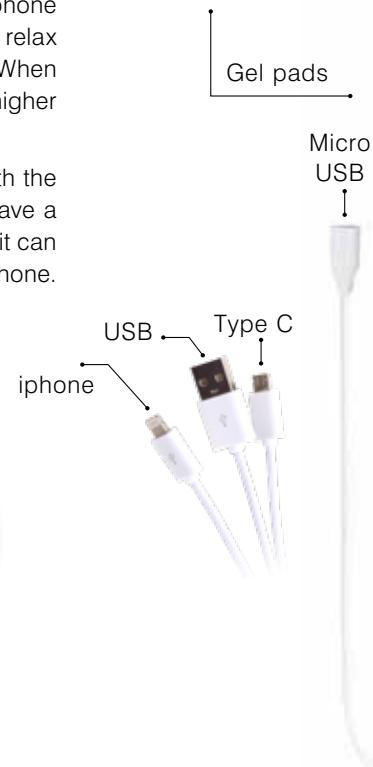
Target tone or connect up for a relaxing shoulder, neck or muscle massage with the QI Muscle Toner & Massager.

This smart EMS (Electrical Muscle Stimulation) device simply plugs into any phone or USB outlet giving you the freedom to move around, do other things or simply relax while toning up or having a stress busting massage to soothe away any tension. When on the lower levels the 6 modes of stimulation simulate a massage. Use on the higher levels for a toning and conditioning workout.

Nobody has the time to go to the gym, or to lay around doing sit-ups. Now with the freedom of the QI Muscle Toner & Massager you can target tone when you have a few minutes here or there, on the go, at home or even at work. It's so small that it can be slipped into a pocket and getting going is as quick as plugging it into your phone.

There's no time like now to be smart with the QI Muscle Toner & Massager.

- ✓ Reusable gel pads
- ✓ Automatic switch-off
- ✓ Connects to most smart phones or any USB socket
- ✓ Multiple intensity levels
- ✓ Simple & easy to use





Ab Core TrainerTM

Model: BT-ABTR

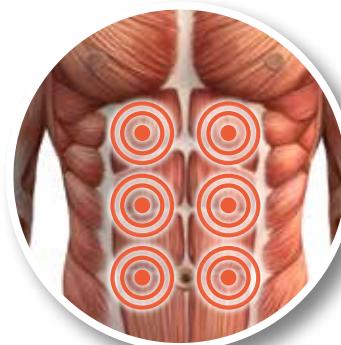
For the ultimate six pack, the Bodi-Tek Ab Core Trainer provides a targeted workout for enhancing abdominal muscles. The 6 pads target the abdominal muscles for the ultimate six pack with the Ab Core Trainer doing all the work for you.

The 23 minute workout programme progressively increases exercise intensity in stages as time elapses, and automatically stops when the workout is completed. Can be used discretely under clothing making a workout possible almost at any time.

- ✓ 23 minute programme
- ✓ Suitable for men & women
- ✓ 15 intensity levels
- ✓ Fits all waist sizes
- ✓ 6-in-1 conductive gel pad



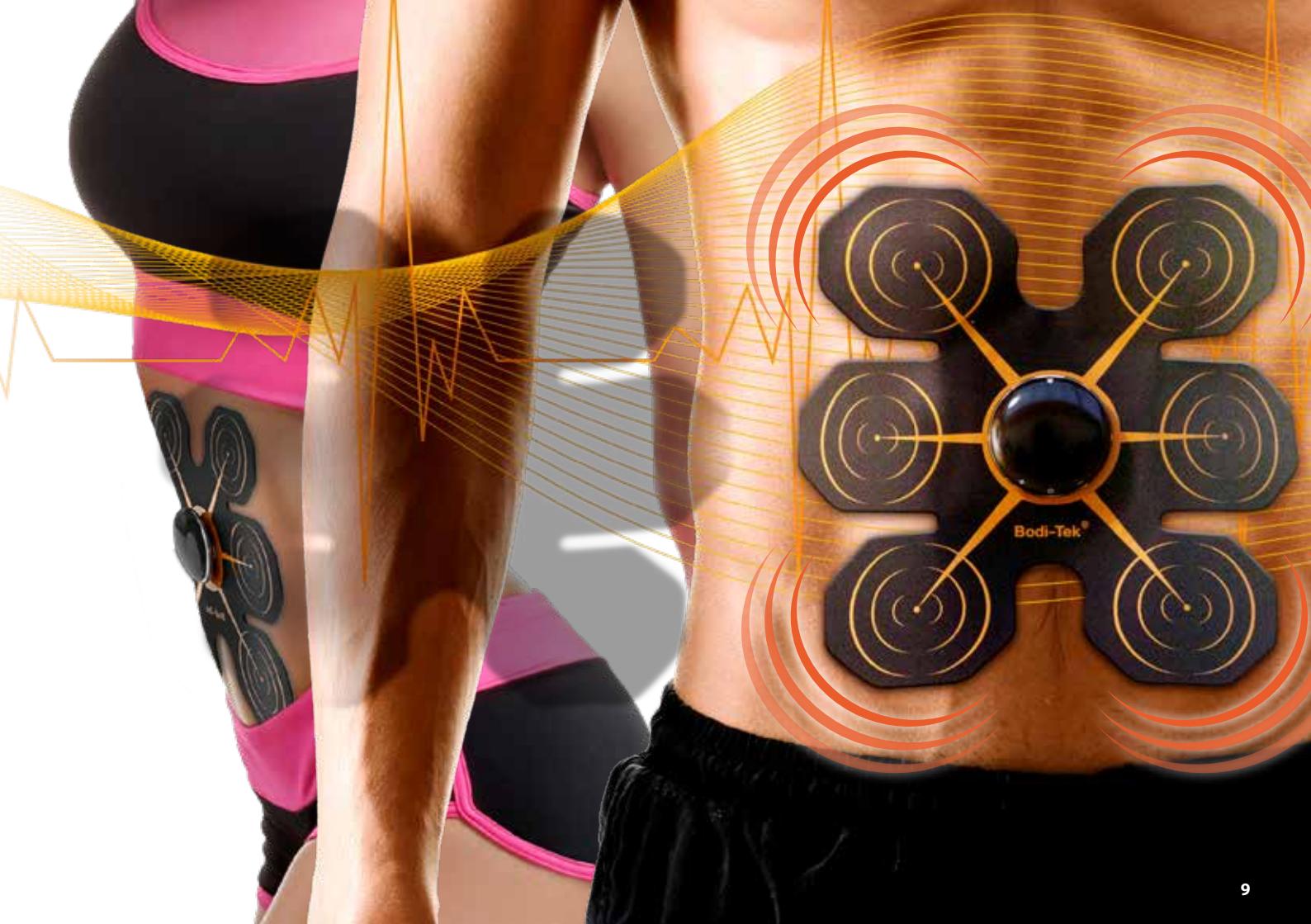
Compact controller



Targeted EMS technology



6-in-1 conductive gel pad



Muscle Toning



Ab Core Trainer ProTM

Model: BT-ABTR3

Ab Core Trainer Pro has two pad designs, one for targeting the Abdominal muscles, and the other for building the Pecs or, for women, breast and bottom lifting and toning. This Pro unit is USB rechargeable and offers 60% more performance than the Ab Core Trainer making it more powerful, giving the best toning, muscle defining and shaping experience. The Pro unit also features a remote control so the you can train with the toner concealed under your cloths making a workout possible at any time.

- ✓ 2 x 25 minute workouts
- ✓ Suitable for men & women
- ✓ 15 intensity levels
- ✓ Fits all sizes
- ✓ Ab pad
- ✓ USB rechargeable
- ✓ Pecs and Bottom Pad





Abs & Arms Toning Belt™

Model: BT-AATB

The Bodi-Tek ab toning belt is easy to use and makes toning the waist and stomach area possible when doing other activities or even simply relaxing. Choose from six programmes, adjust the intensity level and workout frequency for a unique toning and muscle strengthening workout. The ab belt can be worn discreetly under clothing so that you can work out at any time during the day and anywhere. All you have to do is put it on and turn it on. Includes separate arm toning pack.

- ✓ Fits waist size from 27"- 55" (69 - 140cm)
- ✓ 6 workout programmes
- ✓ Can be worn under clothing
- ✓ Comfortable to wear
- ✓ 30 minute timer



Easy to use with visible results

Ab Toning, Exercising & Firming BeltTM

Model: BT-ABBI-PU & BT-ABBI-CP

The Bodi-Tek Ab Toning, Exercising & Firming Belt tones the waist and stomach muscles for perfectly-sculpted definition with minimal effort. The belt uses Electrical Muscle Stimulation (EMS) technology to strengthen, tighten and shape the abdominal and oblique muscles to increase firmness, improve muscle tone and give a sleek, streamlined stomach. Wearing the belt while exercising will greatly enhance the benefits and help you achieve faster results. The belt can also discreetly be worn under clothes as you go about your daily activities, to recreate the toning and firming benefits of sit-ups without even breaking a sweat.

- ✓ An easy yet effective way to tone and strengthen stomach muscles
- ✓ Large display screen LCD controller with 40 intensity levels and 10 toning programmes
- ✓ 10 minute auto switch off function
- ✓ Comfortable-to-wear belt with pocket
- ✓ Battery powered unit, can be used anytime, anywhere (3 x AAA batteries required)
- ✓ For waist sizes: 29 – 63 inches (74 – 160 cm)
- ✓ Dual channel operation



Circulation Plus™ Active

Model: BT-CRBO3

If you are otherwise healthy but work for long periods at a desk or have a sedentary lifestyle, then Circulation Plus Active could help boost lower leg circulation. If you suffer from any medical conditions, please consult your doctor for advice before using Circulation Plus.

- ✓ May help improve lower leg and foot circulation
- ✓ Can be used while watching TV, working at a desk or reading
- ✓ Three simple programmes



Handy remote control

Passive Exercise



Circulation PlusTM Revive

Model: BT-CRBO4

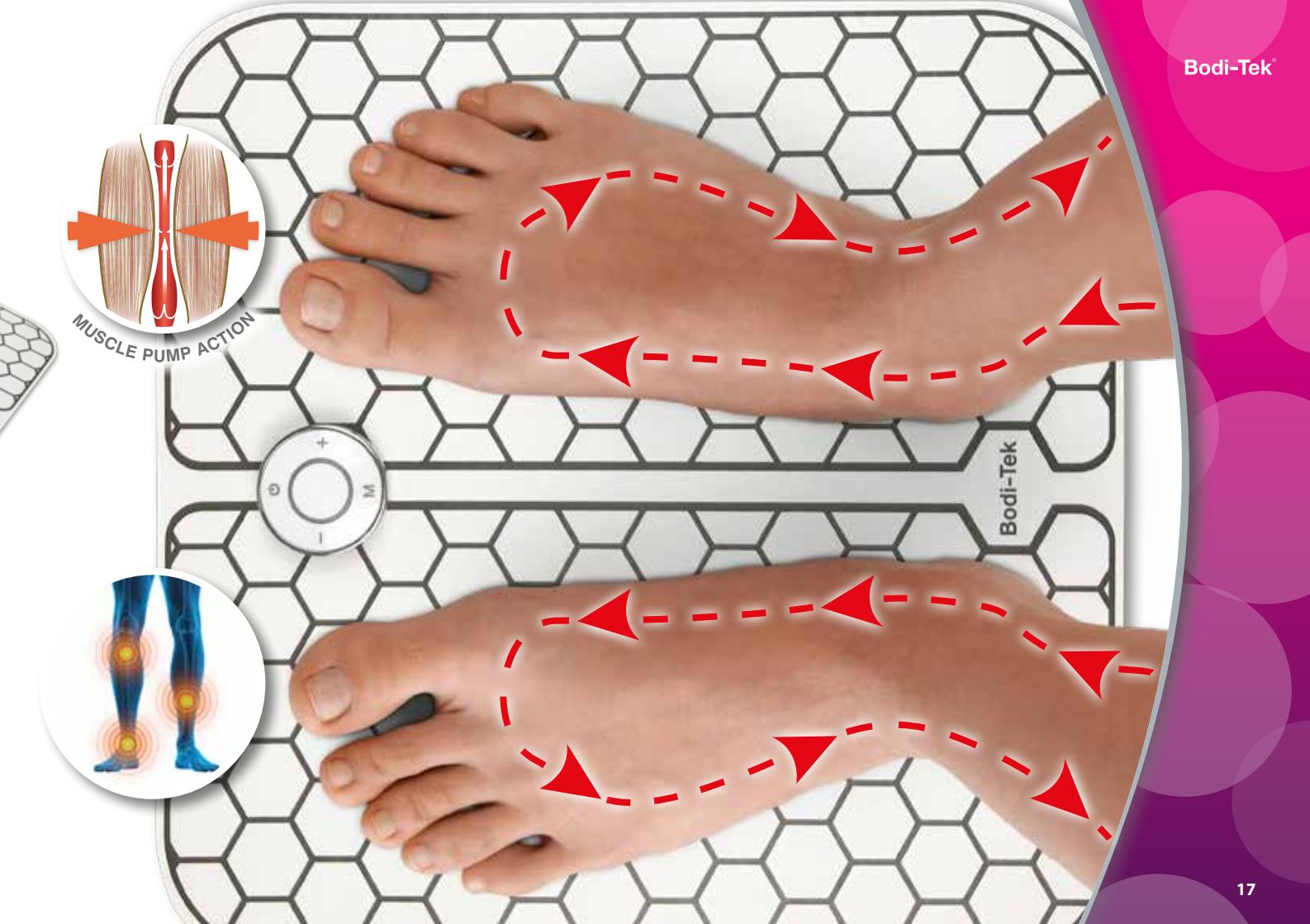
If you are otherwise healthy, but work for long periods at a desk or have a sedentary lifestyle then Circulation Plus Revive could help boost lower leg circulation. Circulation Plus Revive uses gentle Electrical Muscle Stimulation (EMS) to repeatedly contract and relax the muscles in the lower legs and feet.

The repeated contraction and relaxation of the muscles in turn activates the muscle pump action, which may help boost blood flow and blood circulation. Featuring two easy to use 25 minute programmes, 15 intensity levels, a handy remote control and USB recharging making it fully portable, Circulation Plus Revive couldn't be easier use. It's super slimline design makes for easy storage. Can be used while watching TV, reading or relaxing.

- ✓ May help improve lower leg and foot circulation
- ✓ Two automatic programmes
- ✓ Handy remote control
- ✓ Can be used anywhere. Being rechargeable means no need to plug in to use
- ✓ Use while watching TV, reading or relaxing
- ✓ Super Slimline
- ✓ USB Rechargeable
- ✓ Fully Portable
- ✓ Easy wipe clean



Handy remote control



BackMagicTM

Models: BT-BMAG2-BM, BT-BMAG2-FB, BT-BMAG2-GL

BackMagic targets back pain and stiffness caused by tight muscles and the loss of lumbar curve. Simply lie back and relax over the BackMagic's unique adjustable spinal cradle. The BackMagic features a smooth side to help relieve muscle tension, stress and associated back pain. The reverse side has either unique pressure points for an even deeper stress relieving stretch, warming gel or pads.

BackMagic is a simple and natural solution to a common problem. Use daily for a more active lifestyle and enjoy the freedom of a healthy back.

Available in three models:



BackMagic | Bumps & Plain



BackMagic | Bumps & Foam



BackMagic | Gel



Beginner

Intermediate

Advanced

Vibration Training Gym

Model: BT-VIBP3

Whole body vibration training creates a stretch reflex in the body which results in rapid and intense muscle contractions speeding up the fitness process, including strengthening and toning muscle, reducing body fat and improving core strength and body balance. With multiple vibration speeds and a built-in timer, you can personalise your exercise programme to achieve a toned and stronger body in shorter workout sessions. Comes complete with upper body resistance straps and workout guide. Suitable for all fitness levels.

- ✓ 3 programmes
- ✓ Manual mode option
- ✓ Includes exercise manual
- ✓ Programme times 1 – 20 minutes
- ✓ Standard rating: 300W
- ✓ Speed levels: 1 – 99
- ✓ Adjustable timer
- ✓ Remote control
- ✓ Upper body workout cords
- ✓ Power Input 220-240v AC 50H
- ✓ User weight max.: 120 kgs (265 lbs)
- ✓ Handle & rollers for easy movement
- ✓ Ultra thin for easy storage





Easy to read LCD screen



Training straps



Bodi-Tek®

AeroPilates™

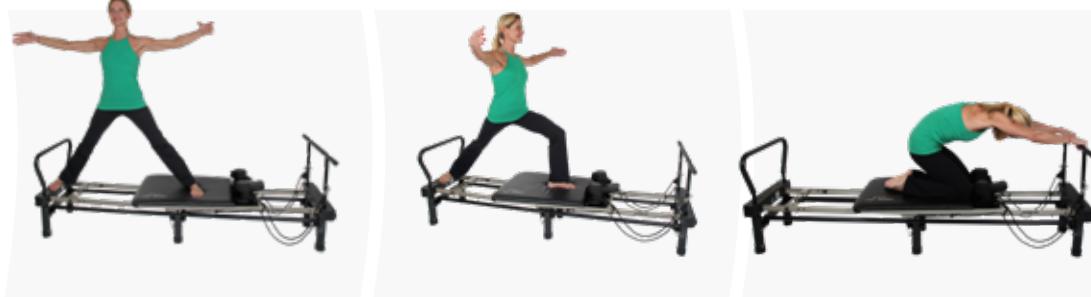
AeroPilates is a lifestyle and complete body conditioning regime derived from the original, authentic teachings of Joseph Pilates. As well as sharing all his original strength training and stabilisation movements, AeroPilates now incorporates a revolutionary cardio rebounder.

The AeroPilates reformers feature hundreds of body transforming exercises, and a cardio board which provides amazing and unique low impact cardiovascular training to improve heart health and accelerate weight loss.





hundreds of body transforming exercises



give your entire body a full workout



Aroma Stone™

Model: BT-ASTO

Traditionally crafted in glazed porcelain, the electric Aroma Stone gently warms and vaporises the aromatherapy oil to enhance the atmosphere of any room. A clean, safe and effective way of vaporising oils without a naked flame.



Aroma Stream™

Model: BT-ARSMB

The Aroma Stream offers a clean, safe and effective method for vaporising natural aromatherapy oils without the use of heat. A stream of air gently vaporises the oil keeping the fragrance pure. This avoids heating the oil which may alter the fragrance or change it's properties.



Aroma Diffuser, Humidifier and Night-Light™

Model: BT-DHNL

Creates a wonderfully soothing atmosphere with soft changing colours and a calming stream of mist. The elegant design is suitable for any room and being almost silent it is perfect for use when sleeping. Add aromatherapy oils to further transform the experience.

- ✓ Colour changing LED soft night-light creates an enjoyable tranquil ambience – ideal for bedrooms
- ✓ 7 relaxing changing colours
- ✓ Near silent ultrasonic humidifier creates fine mist
- ✓ Can be used to naturally vapourise aromatherapy oils – no heat is used. Simply add oils to water





7 relaxing changing colours



Colour changing LED soft night light

Near silent ultrasonic humidifier

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